

GOOD OLD STORY...

4 wall, 60 counts, Intermediate line dance, One 20 count tag and one 4 count tag, both done once only.

Choreographed by: Johnny J. (July 2010)

Music: Sloop John B (Club Mix) by Crazy Cats (Album: Sloop John B Single or Karneval Raketen Vol. 1), 137 BPM, Total Track Length 4:10. Count In: 16 counts.

Please note: There are a lot of other versions of this track. This dance is choreographed to the Crazy Cats Club Mix, and I very much doubt that any of the other versions are going to work... ☺



Numbers in square brackets indicate facing wall, e.g. [3] = 3 o'clock wall.

SECTION 1 – Point Fwd, Hook, Shuffle Fwd, Rock Step, Shuffle Back

- 1-2 Point right foot forward, Hook right leg over left leg
- 3&4 Shuffle forward right-left-right
- 5-6 Rock forward on left foot, Recover weight to right foot
- 7&8 Shuffle back left-right-left

SECTION 2 – ½ Turn, ¼ Step Turn, Weave, Side Rock

- 1 Do ½ Turn right (CW) and step right foot forward [6]
- 2-3 Step left foot forward, Do ¼ Turn right (CW) and recover weight to right foot [9]
- 4-5 Cross left foot over right, Step right foot to right side
- 6-7 Cross left foot behind right, Step right foot to right side
- 8 Rock left foot to left side

SECTION 3 – Recover, Kate Sala Swivels, Rock Back, Recover, Kick-Ball-Step

- 1 Recover weight to right foot
- 2-3-4 Swivel left heel in, Swivel left toe in, Swivel left heel in
- 5-6 Rock back on left foot, Recover weight to right foot
- 7&8 Kick left foot forward, Step left ball of foot next to right foot, Step right foot forward

SECTION 4 – Left Shuffle, ½ Step Turn, ½ Turning Shuffle, Toe Strut Back

- 1&2 Shuffle forward left-right-left
- 3-4 Step right foot forward, Do ½ Turn left (CCW) and transfer weight to left foot [3]
- 5&6 Do ¼ Turn left (CCW) and step right foot to right side [12], Step left foot next to right, Do ¼ Turn left (CCW) and step right foot back [9]
- 7-8 Touch left toe back, Step left foot in place

SECTION 5 – Toe Strut Back, Coaster Step, ¼ Turning Right Chassé, ½ Step Turn

- 1-2 Touch right toe back, Step right foot in place
- 3&4 Step left foot back, Step right foot next to left, Step left foot forward
- 5&6 Step right foot to right side, Step left foot next to right, Do ¼ Turn right (CW) and step right foot forward [12]
- 7-8 Step left foot forward, Do ½ Turn right (CW) and transfer weight to right foot [6]

SECTION 6 – Step, Kick-Ball-Step, Hip Push Fwd & Back, Walk Back Right-Left-Right

- 1 Step left foot forward
- 2&3 Kick right foot forward, Step right ball of foot next to left foot, Step left foot forward
- 4-5 Rock forward on right foot while pushing hips forward, Recover weight to left foot while pushing hips back
- 6-7-8 Step back on right foot, Step back on left foot, Step back on right foot

SECTION 7 – Coaster Step, Walk Forward Right-Left, Heel Walk

- 1&2 Step left foot back, Step right foot next to left, Step left foot forward
- 3-4 Step forward on right foot, Step forward on left foot
- 5-6 Step forward on the heel of right foot, Step to the left side on the heel of left foot
- 7-8 Step back on right foot, Step left foot next to right

SECTION 8 – Modified ¼ Turning Jazz Box, Stomp

- 1-2 Cross right foot over left, Step back on left foot
- 3-4 Do ¼ Turn right (CW) and step right foot forward [9], Stomp left foot out to left side (with weight)

Start over and have fun

TAG 1:

Do the following 20 counts AFTER wall 6. You will be facing the 6 o'clock (back) wall at this time. After the tag, restart the dance from the beginning.

TAG 1, SECTION 1 – Rocking Chair

- 1-2 Rock forward on right foot, Recover weight to left foot
- 3-4 Rock back on right foot, Recover weight to left foot

TAG 1, SECTION 2 – Weave, Chassé, Rock Back, Recover

- 1-2 Step right foot to right side, Cross left foot behind right foot
- 3-4 Step right foot to right side, Cross left foot in front of right foot
- 5&6 Chassé to the right stepping right-left-right
- 7-8 Rock left foot back, Recover weight to right foot

TAG 1, SECTION 3 – Weave, Chassé, Rock Back, Recover

- 1-2 Step left foot to left side, Cross right foot behind left foot
- 3-4 Step left foot to left side, Cross right foot in front of left foot
- 5&6 Chassé to the left stepping left-right-left
- 7-8 Rock right foot back, Recover weight to left foot

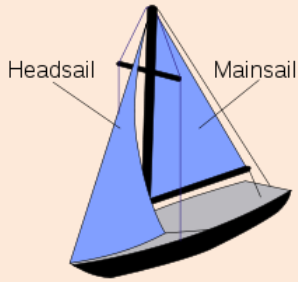
TAG 2:

Do the following 4 counts AFTER wall 7. You will be facing the 3 o'clock wall at this time. After the tag, restart the dance from the beginning.

TAG 2, SECTION 1 – Rocking Chair

- 1-2 Rock forward on right foot, Recover weight to left foot
- 3-4 Rock back on right foot, Recover weight to left foot

Trivia:



A sloop (from Dutch "sloep") is a sail boat with a fore-and-aft rig and a single mast farther forward than the mast of a cutter. A sloop's fore-triangle is smaller than a cutter's, and unlike a cutter, a sloop usually bends only one headsail.

For more info: <http://en.wikipedia.org/wiki/Sloop>

"Sloop John B." or "The John B. Sails" is a folk song that first appeared in a 1917 American novel, *Pieces of Eight*, written by Richard Le Gallienne. The "secret" narrator of the story describes it as "one of the quaint Nassau ditties" (ditty: short and simple song). The John B. was an old sponger boat whose crew was in the habit of getting notoriously merry whenever they made port. It was wrecked and sunk at Governor's Harbour in Eleuthera, The Bahamas, in about 1900.

The Beach Boys version of "Sloop John B." is ranked #271 on Rolling Stone's list of *The 500 Greatest Songs of All Time*.